

Agenda
Saturday, August 22, 2015

07:30-08:00

Breakfast & CME Registration

08:00-08:05

Opening Remarks

Christie M. Lee

08:05-08:55

Interpretation of Labs – 3 Case Scenarios

Ryan E. Bentley, D.C., DAAMLCP, CGP, MD/PhD Candidate 2015

The importance of understanding the principles for selecting and ordering the most rational laboratory test(s) on a specific patient is heightened in the current age of managed care, medical necessity, and outcome-oriented medicine. The days of a “shotgun approach” to ordering laboratory tests has, of necessity, been replaced by a “rifle” (or targeted) approach based on an understanding of the test’s diagnostic performance and the major “legitimate” reasons for ordering a laboratory test. Such an understanding is critical to good laboratory practice and patient outcomes.

08:55-09:45

Benzodiazepines – The love-hate relationship

Ahsan Mahmood, MD

Benzodiazepines are one of the most widely prescribed pharmacologic agents, with more than 112 million prescriptions in 2007. It is considered highly effective for intended use. However, in 2010, Benzodiazepines were involved in 44% of unintentional drug poisoning in NYC, there has been an increase in abuse in the age group of 18-25.

09:45-10:00

Break

10:00-10:45

Negotiating with Patients on Treatment of Chronic Pain-Signing an Agreement

Randy Stevens MD

The practitioner will learn about how to discuss with patients different options for treating chronic pain and the rules to follow in Indiana if opioid treatment is entertained and what should be included in an agreement.

10:45-11:30

Kayur V. Patel, MD, MRO, FACP, FACPE, FACHE, FACEP

11:30-12:30

Lunch

Biometric measurement

Jamie Lindsey, DO

12:30-01:15

Obesity: Managing Clinical Risk

Jamie Lindsey, DO

Obesity is a multi-factorial disorder, associated with the development of many other significant diseases such as diabetes, hypertension and other cardiovascular diseases, osteoarthritis and certain cancers of modern society. The management of obesity will therefore require a comprehensive range of strategies focusing on those with existing weight problems and also on those at high risk of developing obesity. Hence, prevention of obesity during childhood should be considered a priority, as there is a risk of persistence to adulthood.

01:15-02:00

Albuminuria: Predictor of Cardiovascular Risk

Kumar Gaurav, MD

Chronic kidney disease (CKD) is defined to a decrease in the glomerular filtration rate and kidney damage such as Albuminuria and Proteinuria. Measurement of urinary Albuminuria and Proteinuria is hindered by a lack of standardisation regarding requesting, sample collection, reporting and interpretation of tests. The session shall cover its significance in terms of cardiovascular mortality and treatment options.

02:00-02:15

Break

02:15-03:00

Pediatric Fever

James A. Turner, DO, ABFM

Pediatric patients with fever are a common presentation to the primary care office and emergency department. The presenter will review the pathophysiology of fever and common causes and treatment.

03:00-03:50

Misuse or Overuse of Antibiotics

MANAGING Clinical Risks

Kayur V. Patel, MD, MRO, FACP, FACPE, FACHE, FACEP

Antibiotics were once considered "wonder drugs" and are indispensable to treat everyday bacterial infections and the unavoidable infections that come with cancer chemotherapy and organ transplantations. Unfortunately, because of worldwide overuse and misuse of antibiotics, common bacteria are becoming resistant to treatment with these drugs. This misuse is a major cause for alarm because, without treatment, many of these bacteria have once again become deadly.

03:50-04:00

Break

04:00-05:00

Day to Day Practical Cardiology

Primo Andres, MD

Cardiovascular disease (CVD) continues to be the leading cause of death in the US. The American Heart Association estimates that 2,600 Americans die of cardiovascular disease every day. Cardiovascular diseases account for ~30% of mortality, worldwide. This talk is about taking care of patients with suspected or already diagnosed cardiovascular diseases as seen daily in a Cardiology practice. It will cover the indications and expected results of common diagnostic testing and management of the common conditions encountered in Cardiovascular Medicine. It is intended to help guide primary care providers in identifying these conditions and in determining when to seek consultation

05:00-06:00 PM

Cocktail Hour

06:00-07:00 PM

Dinner

Empower yourself toward Optimal Care

Ryan E. Bentley, D.C., DAAML, CGP, MD/PhD Candidate 2015

Most of us take care of our cars better than we take care of ourselves! At times we are unable to read the signs our bodies are giving us. Take charge of your health, be proactive, and live a healthier, happier and longer life.

07:00 PM

Adjourned

